

## **Book Review: A Mom After God's Own Heart**

Title: A Mom After God's own Heart

*10 Ways to Love Your Children*

Author: Elizabeth George

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What will take you from lows to highs, through hundreds of nappies, grocery store tantrums, wiggly teeth, swimming lessons, animal shaped birthday cakes, exams, graduations and weddings? You guessed it, Motherhood! But what is being a mum *really* all about? With the authority of Biblical wisdom, and the life experience of mothering two children, Elizabeth George answers this timeless question in her book, *A Mom After God's Own Heart*. No matter where you are on the timeline of motherhood, or what situation you find yourself in, this book is essential reading. It is written for every mum - new or seasoned Christian, working or home-schooling, married or solo, with a believing or unbelieving husband. Within the pages you will find yourself listening to a long lost friend pouring out her heart to you in clear, inspirational language.

Beginning with taking time to nurture your own heart, Elizabeth guides you through ten ways to love your children. Several of these are - teaching them God's Word, talking about God throughout your day, training them in His ways, taking them to church, and teaching them to pray. Each chapter is divided into four parts. Firstly, the specific way to love your child is discussed - why, when and how to implement it. Secondly, in the 'Heart Response' section, the author speaks expressly to your heart about how to apply the principles to your life. Thirdly, there is a really insightful page called 'From a Dad's Heart', which is written by Jim George to provide a dad's and husband's perspective on raising children. The final section of each chapter is called 'Little Choices That Reap Big Blessings'. It lists straight forward and practical suggestions that can be made to have an immediate and powerful impact on your parenting.

This book gives you the biblical mandate for motherhood, and the scriptural promises and wisdom needed to fulfill it. It deals with all sorts of difficult and delicate issues such as, the internet, sexual purity, and girlfriends and boyfriends. It is easy to read and leaves you feeling encouraged and ready to be that mum God wants you to be. Elizabeth has also written a complementary book for in-depth personal study or a group study, called *A Mom After God's Own Heart Growth and Study Guide*.

So if you want to raise children with hearts after God don't delay, start today! Whether you're pregnant with number one or sending six kids off to school, make time in your hectic schedule to read this book. Get your hands on a copy, grab a highlighter and prayerfully soak up all the wisdom at your fingertips. It will be a decision you won't regret and a little choice that will reap big rewards!

Reviewed by Janina Muriwai